

## Quorum Exercise Class Timetable



	Morning	Lunch Time	Early Evening		Late Evening
<b>MON</b>	<b>BOOTCAMP</b> Adam Hitchins 0700 - 0745 Q9 Ground floor £3.50/session or £30/month	<b>PILATES</b> Rachael Quinn 1230 - 1300 Q5 Ground floor (left side) £3/session	<b>BOOTCAMP</b> Adam Hitchins 1715 - 1800 Q9 Ground floor £3.50/session or £30/month		<b>BOOTCAMP</b> Adam Hitchins 1800 - 1900 Q9 Ground floor £3.50/session or £30/month
<b>TUE</b>			<b>BOOTCAMP</b> Adam Hitchins 1715 - 1800 Q9 Ground floor £3.50/session or £30/month	<b>ZUMBA</b> Angie Archer 1715 - 1800 Q5 Ground floor (left side) £3.50/session or £30 for 10	<b>BOOTCAMP</b> Adam Hitchins 1800 - 1900 Q9 Ground floor £3.50/session or £30/month
<b>WED</b>		<b>PILATES</b> Rachael Quinn 1230 - 1300 Q5 Ground floor (left side) £3/session	<b>BOOTCAMP</b> Adam Hitchins 1715 - 1800 Q9 Ground floor £3.50/session or £30/month		<b>BOOTCAMP</b> Adam Hitchins 1800 - 1900 Q9 Ground floor £3.50/session or £30/month
<b>THU</b>	<b>BOOTCAMP</b> Adam Hitchins 0700 - 0745 Q9 Ground floor £3.50/session or £30/month		<b>BOOTCAMP</b> Adam Hitchins 1715 - 1800 Q9 Ground floor £3.50/session or £30/month		<b>BOOTCAMP</b> Adam Hitchins 1800 - 1900 Q9 Ground floor £3.50/session or £30/month
<b>FRI</b>			<b>BOOTCAMP</b> Adam Hitchins 1715 - 1800 Q9 Ground floor £3.50/session or £30/month		<b>BOOTCAMP</b> Adam Hitchins 1800 - 1900 Q9 Ground floor £3.50/session or £30/month

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