



North East rail passengers warned of strike-day disruption

Passengers who use Northern rail services are being warned to plan ahead and expect disruption on Friday (1 September) and then again on Monday (4 September) as staff at the company hold one-day strikes.

All Northern routes in North East England will be affected – some will have a limited service and some routes no service at all, and there will be no Northern trains anywhere in the North East beyond early evening.

Please note that the last train from Newcastle towards Hexham departs at 4:54pm and the last train through to Carlisle is even earlier, at 3:24pm. The last train from Newcastle towards Middlesbrough is at 5:30pm

People who normally rely on Northern services are being advised to put off travel if possible, but otherwise think ahead and use journey planning tools to identify alternative modes – including other train operators, Metro and local buses.

Nexus is providing information to public transport users, employers, public services and retailers to ensure they are prepared, as well as working with other transport authorities across the North. Specific advice includes:

- Check with Northern directly to see how your journey is affected and get updates from <https://www.northernrailway.co.uk/industrial-action>. Remember that where a limited service operates trains will be much busier than normal.
- Plan an alternative route to work using the North East journey planner to find bus and Metro options. <http://jplanner.travelinenortheast.info/nexus>
- Use Metro park-and-ride sites at [Callerton Parkway](#) (from the Tyne Valley) and [Stadium of Light](#) or [Heworth](#) (from Durham Coast) for commuter journeys into Newcastle.
- Avoid travel at the height of the traditional rush hour (between 8am and 9am and then again after 4:30pm)
- Do not try to use Northern trains in the evening.